

# BAKU STATE UNIVERSITY



## REPORT ON SDG 3

### GOOD HEALTH AND WELL-BEING



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## **ABSTRACT**

Baku State University (BSU) is actively committed to achieving the Sustainable Development Goal 3, "Good Health and Well-being." The university has established a multitude of partnerships at local, national, and international levels to enhance health and well-being outcomes. These partnerships extend from collaborations with hospitals and healthcare organizations to the United Nations Food and Agriculture Organization, where BSU focuses on empowering women in rural areas. Furthermore, BSU promotes health and well-being within its local community through initiatives like the Law Clinic, providing free legal assistance to those in need, and the "BSU Volunteers" program, involving approximately 1,000 volunteer students in various community engagement activities. The university also ensures the general well-being of its students and staff through services related to sexual and reproductive health, psychological counseling, and access to comprehensive healthcare at the University Policlinic. Additionally, BSU enforces a strict no-smoking policy on its premises, including dormitories, to create a safe and comfortable environment. Monitoring devices are in place to ensure the safety of individuals within the dorms. Overall, Baku State University is dedicated to fostering the health and well-being of its community while providing a supportive and conducive environment for its students and staff.

## **USED DATA**

### **Interdisciplinary policies of BSU:**

1. Accommodation Policy
2. Student Led Society Policy.

### **Legislative acts:**

1. [Order of the President of the Republic of Azerbaijan on approval of "Azerbaijan 2030: National Priorities for Socio-Economic Development"](#)

### GOOD HEALTH AND WELL-BEING (SDG 3)

BSU has established various partnerships to improve health and well-being outcomes. At the local and national levels, we have partnered with the hospitals and healthcare organizations, our “Career Planning Center” cooperates with state-owned and private enterprises for getting better well-being and job opportunities. It provides students and teachers to get info about available job vacancies, to participate in research projects, internships, thereby gaining practical experience.



On the international scale, BSU actively engages in research collaborations, student exchanges, and educational programs. For instance, a partnership agreement was recently signed with the United Nations Food and Agriculture Organization (FAO) to strengthen and measure women's activities in rural areas. One of the other projects for 2022/2023 academic years is "Code for Future" project of “DevEducation” provides education in programming, system administration in well-supplied auditoriums.

BSU is committed to delivering various outreach programs and projects in the local community to improve and promote health and well-being. For instance, according to the Law Clinic, the high educated lawyer masters of Baku State University's law faculty provide free of charge law assistance to the needy or underprivileged members of the community, including the elderly, refugees, people with disabilities, students. With the guidance of their teachers and lawyers the master's at BSU help people through the process of defending their interests at state and other organizations, as well as how to prepare legal documents.

The organization "BSU Volunteers" unites about 1,000 volunteer students. Through active participation in a wide range of events and actions, they serve as an instrumental pillar of social and civic engagement within the university and the larger community. BSU is dedicated to promoting its students' general well-being, and part of that commitment is giving them access to services for sexual and reproductive health.

Employees and students at BSU can also receive psychological support in "Sexual Problems" with the help of Psychological Counselling Service.

Students and employees can get health care at the University Polyclinic, including physical, gynecological, reproductive, and other services, as well as informational and awareness campaigns, and all of these are free of charge.



The goal of the Psychological Counseling Service at BSU is to support employees and students in realizing their full potential as individuals and to establish the framework necessary for their active and complete engagement in both social and academic life. The program aims to offer mental health support, cognitive behavioral treatment, and counseling.

Psychological support is available to BSU staff and students in the following areas: depression, anxiety, post-traumatic stress disorder, sexual problems, couple counseling, personal development, mental health, sleep disorders, family counseling, post-traumatic stress disorder, and elimination of harmful habits.



In keeping with the Baku State University's mission to provide a safe and comfortable environment for all its students, smoking—including the use of cigars, cigarettes, pipe tobacco, and electronic cigarettes—is not permitted at the university, including in any of the buildings, residence halls, clinics, labs, classrooms, private offices,

plazas, vestibules, loading docks and so on. It is also not permitted to smoke near or obstruct any covered walkway, ventilation system, building entrance, or anywhere else on campus property.

In the dorms, monitoring devices such as fire alarms, smoke detectors, and surveillance cameras were placed. These tools identify possible emergency situations and notify authorities of them.

## **KEY FINDINGS**

The key findings from the provided information about Baku State University's efforts to promote Good Health and Well-being (SDG 3) include:

### **Diverse Partnerships**

BSU has established a wide range of partnerships at local, national, and international levels, collaborating with hospitals, healthcare organizations, the United Nations, and non-governmental organizations to improve health and well-being outcomes.

### **Career Planning Center**

The Career Planning Center at BSU plays a pivotal role in connecting students and teachers with job opportunities, research projects, and internships to gain practical experience, thereby contributing to better well-being and employment prospects.

### **International Engagements**

The university actively engages in international research collaborations, student exchanges, and educational programs, exemplified by the partnership agreement with the United Nations Food and Agriculture Organization (FAO) to empower women in rural areas.

### **Community Outreach**

BSU is committed to promoting health and well-being in the local community. Initiatives like the Law Clinic and the "BSU Volunteers" program provide free legal

assistance and engage over 1,000 student volunteers in various community activities.

**Mental Health Support**

The university offers psychological support services to both employees and students, covering a wide range of areas such as depression, anxiety, post-traumatic stress disorder, sexual problems, and personal development, with a focus on promoting mental health and well-being.

**Reproductive-Health Services**

BSU ensures access to sexual and reproductive health services for students and employees, along with informational and awareness campaigns, all provided free of charge.

**No-Smoking Policy**

BSU has implemented a strict no-smoking policy across its campus, promoting a safe and healthy environment for all by prohibiting smoking in university buildings, residence halls, and other areas.

**Safety Measures**

The university has taken safety measures in dormitories, including the installation of monitoring devices such as fire alarms, smoke detectors, and surveillance cameras to identify and address potential emergency situations promptly.

These findings demonstrate Baku State University's multifaceted approach to address SDG 3 by actively engaging with various stakeholders and providing comprehensive support for the health and well-being of its students, staff, and the broader community.

## FUTURE GOALS

To further enhance its efforts to promote Good Health and Well-being (SDG 3) and build on its existing initiatives, Baku State University (BSU) can consider the following future steps:



By taking these future steps, Baku State University can further solidify its commitment to SDG 3 and play an even more significant role in improving the health and well-being of its community, both locally and internationally.